



# UNIVERSITY of ST. MARTIN

## Caribbean Foundation Year Program - CFY

The Caribbean Foundation Year (CFY) is a tuition-free, 10-month college-level foundation program designed to help students build confidence, strengthen academic skills, explore career pathways, and prepare for higher education.

**Duration:** 10 Months (August – June )

**Locations:** St. Maarten, Saba or St. Eustatius

**Cost:** Tuition-Free

**Credits:** Up to 34 Transferable College Credits

### CFY STUDENTS BENEFIT FROM:

#### Academic Coaching

One-on-one guidance from trained academic coaches to support academic success and career planning.

#### Student Counselling

Support for personal, emotional, academic, financial, and social challenges.

#### Student Seminars

Weekly sessions focused on personal and professional development, leadership, wellness, and life skills.

#### Career Exploration

- Career Shadowing
- Educational Visits
- Guest Speakers
- Internship Opportunities
- Professional Networking

### IMPORTANT TO KNOW

CXC/CSEC Exam Students **Do Not Need To Wait for their Final Exam Results.** Students may apply using their most recent transcript or report card.



### ADMISSION REQUIREMENTS

1. Complete your Application form
2. Submit the relevant supporting documents:
  - a. Highest Academic Diploma
  - b. Official transcripts
  - c. Personal Motivation Essay
  - d. Two (2) passport pictures
  - e. Copy of passport (Verified at USM)
  - f. Original Registration form
3. Submit your application before the deadline
4. Meet all USM's acceptance criteria (Additional requirements not listed here may be necessary for admittance to this program.)
5. Attend Student Orientation
6. Start your classes!

### ACADEMIC SKILLS STUDENTS DEVELOP:

- ✓ Technology and digital literacy
- ✓ Financial literacy
- ✓ Academic writing
- ✓ Critical thinking / Research skills
- ✓ College study skills
- ✓ Communication skills
- ✓ Workplace readiness

Semesters:	Admissions Deadline:
Fall (August – June)	July

### WHY CHOOSE CFY?

- ✓ Earn college credits before starting your degree
- ✓ Explore career options
- ✓ Build confidence for university life
- ✓ Develop academic and life skills
- ✓ Receive mentorship and support
- ✓ Prepare for success at home or abroad

Updated: June 2026

# Program Course Requirements: 31 Credits

	Trimester I		Trimester II		Trimester III	
	Courses	Credits	Courses	Credits	Courses	Credits
<b>Core Foundational Courses</b>	English Composition I	3	Career Shadowing	-	Career Shadowing	3
	Business Software Applications	3	Intro to Social Sciences	3	Global Citizenship	3
	College Algebra (x2)	4	Research Skills	3	St. Martin History and Cultural Heritage	3
	Modern Language I	3	Modern Language II	3	Personal and Professional Development	1
	Personal and Professional Dev.	1	Personal and Professional Development	1		
<b>Credits</b>		<b>14</b>		<b>10</b>		<b>10</b>
<b>Coaching</b>	Nurturing Self and Society		Nurturing Self and Society		Nurturing Self and Society	
<b>Electives</b>	Choose from Humanities, Social studies, or Science courses		Choose from Humanities, Social studies, or Science courses		Choose from Humanities, Social studies, or Science courses	

## TRANSFER YOUR CREDITS

*CFY courses are college-level and transferable.*

*Acceptance of credits is subject to the policies and requirements of the receiving institution.*

### Europe (The Netherlands)

- The Hague University of Applied Sciences
- University of Amsterdam
- Leiden University
- Stenden University of Applied Sciences
- Hanze University of Applied Sciences Groningen
- Saxion University of Applied Sciences
- Delft University of Technology (TU Delft)

### United States

- Florida Agricultural and Mechanical University (FAMU)
- Florida State University (FSU)
- Monroe University (Monroe College)
- Mount Saint Vincent University
- Johnson & Wales University

### Caribbean

- University of St. Martin
- University of the West Indies (UWI)
- University of the Virgin Islands (UVI)